## Brewing Techniques for Historical IPA

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**Mitch Steele** 

Brewmaster

Stone Brewing Co.

THE GREAT CELLAR.

# India Pale Ale

The whole of these Hops

6+4 44

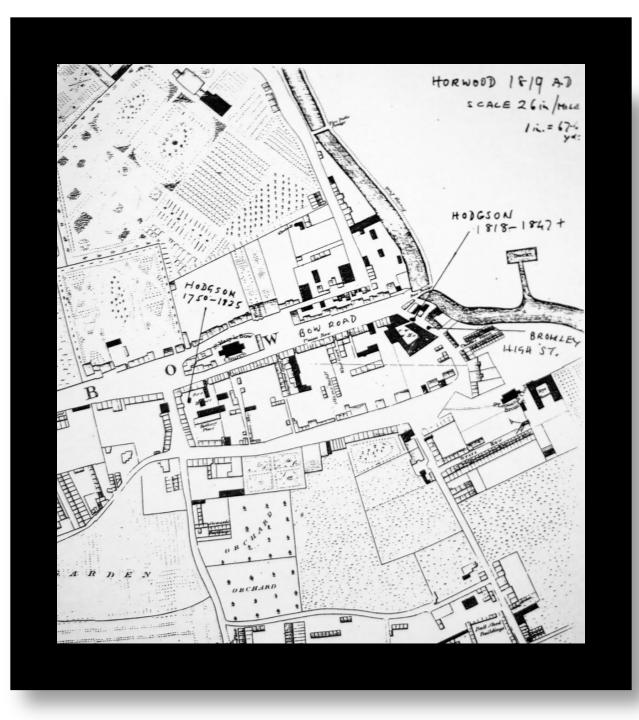
- Review the 4 periods that exemplify the style
- Review brewing procedures and ingredients for each period
- Review 4 historical recipes, and how to brew them.

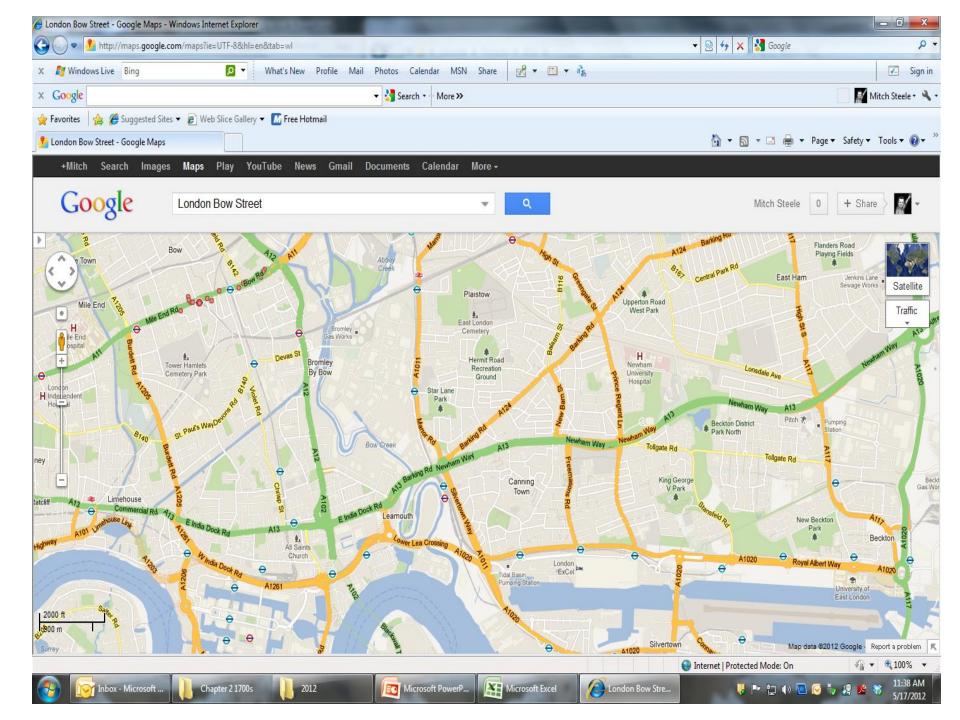
#### 4 periods of IPA brewing

- London Years (George Hodgson and Hodgson's Bow Brewery)
- Burton Years: IPA's heyday in the 1800s
- The Temperance Years: The 1900s when prohibition, temperance movements, wars, taxation, and corporate conglomeration almost killed the style
- The Craft IPA Revolution

#### The London Years: 1750-1820

- Hodgson's Bow Brewery, London
- Contract with East India Company
- The "Myth"
- Hodgson's beer = ????
- Characteristics (estimated)
  - 17.5 °P (1.070 sg) OG
  - ~70 IBU
  - 100% Pale Malt







### The Burton Years 1820-1900

- Burton brewers needed beer volume due to loss of Russian export trade
- EIC needed an alternate supplier
- Allsopp, Salt and Bass: The major players
- Characteristics:
  - Very pale
  - Very dry
  - 16.25-17.5°P (1.065-1.070 SG) OG
  - 70 IBU
  - Described as "sparkling, champagne-like, with a peculiar, fine flavor"

#### The Burton IPA Ingredients

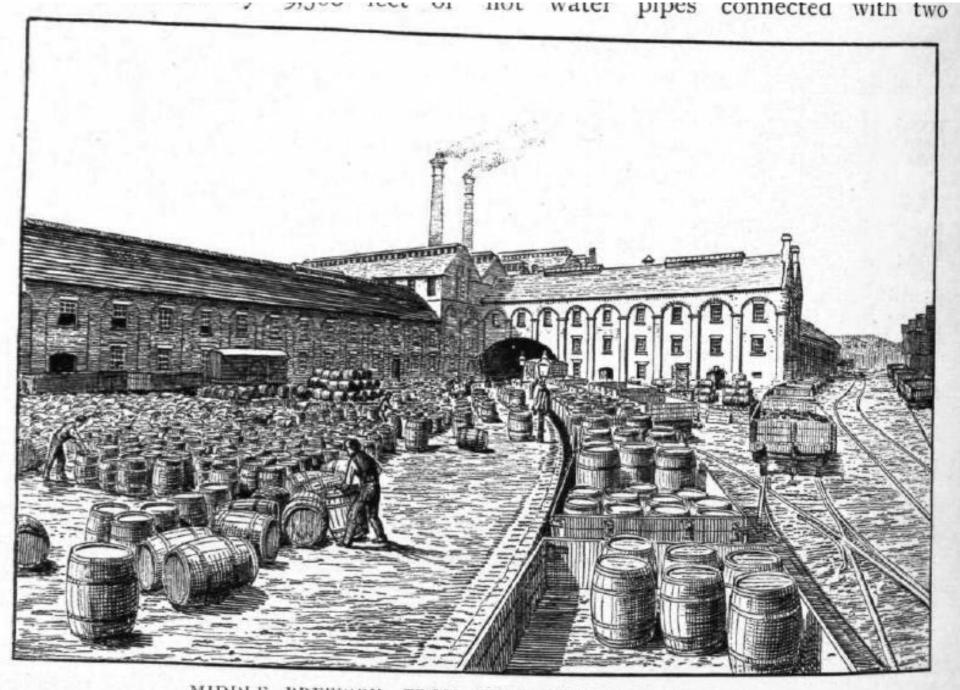
- Malt: 100% Extra Pale (or White) Malt
- Hops: 100% East Kent Goldings
- Yeast: Burton or London Ale Yeast
- Water: Very hard water

#### WATER ANALYSIS DIFFERENT BREWING REGIONS (all in ppm, or mg/L)

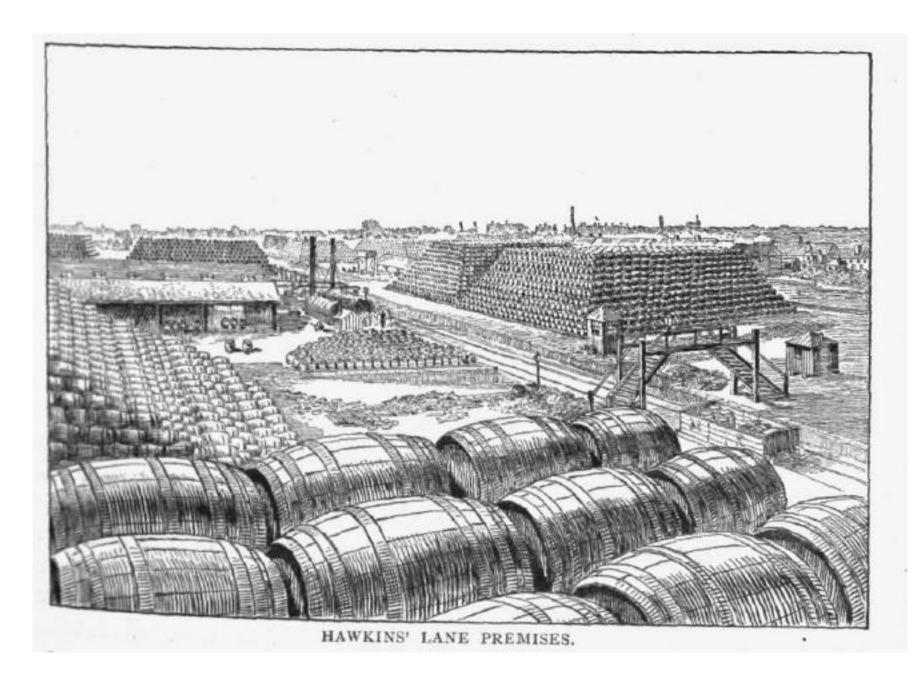
	Pilsen	Munich	Dublin	Dortmund	London	Burton- on - Trent	Milwaukee	St. Louis	Stone
Calcium	7	75	117	260	90	300	35	26	22.1
Sulfate	3	10	54	283	58	640	18	80	16.5
Magnesium	2.5	19	4	23	4	60	11	8	8.88
Sodium	32	10	12	69	24	54		19	38
Chloride	5	2	19	106	18	36	5	23	
						00((			
Hardness	27.78	265.59	308.94	744.53	241.44	<b>996.6</b>	132.71	97.88	91.8
						226			
Alkalinity	23	253		300		236		21	43

#### **Burton IPA Brewing procedures**

- Infusion Mash
- Double/triple mash or sparge
- Collect worts of different gravities and blend to hit target final gravity (partigyle)
- Low intensity, long (3 hour) boil
- Hopped at 5-9 pounds/bbl
- Hopback for straining and trub removal
- Extra long aging –up to 1-1.5 years in oak barrels



MIDDLE BREWERY, FROM NEAR ENGINEERS' OFFICES.



#### CLIFTON BOTTLED ALE AND PORTER STORES,

RICHMOND TERRACE ROAD,

OPPOSITE BUCKINGHAM PLACE.

S. BLOXSOME & COMPANY,

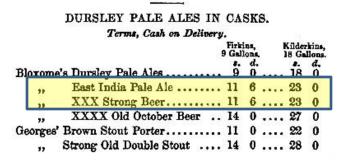
BOTTLERS OF

#### ALES AND PORTER,

		Imperi	al Pi	nts.	Qu	arts,
Bloxsom	e's Dursley Pale Ale	2	d. 6		4	d. 0
33	East India Pale Ale	3	b		Ð	3
	Strong October Beer	4	6		7	6
"	Alloa Scotch Dinner Ale	3       6         4       6         6       2       6         4       0	4	0		
Bass's E	ast India Pale Ale	4	0		6	0
Hodgson	& Abbott's India Ale	4	6		6	6
London	brown Stout Porter	2	ÿ		4	b
London ]	Double Extra Brown Stout	4	0		6	0
Dublin E	xtra Stout	3	4		5	0
Georges'	& Ricketts' Strong Old Porter	4	0		6	0
	extra Stout, in Wine Pints, 2s 6					
	전 2013년 - 11월 2017년 11월 2018년 11월 2019년 11월 2019년 11월 2019년 21월	-				

S. BLOXSOME & COMPANY beg to observe that the above, being Bottled from the Wood, under their own personal superintendence, are sent out from their Cellars in Prime Condition, and Warranted Genuine.

Bottles and Hampers will be charged, and allowed for when returned.



#### AMSINCK'S INDIA PALE ALE 1851

- **Brewing liquor**: hard Burton Water, boil for 15 minutes and let cool to strike temperature
- Malt Bill: 100% Pale Malt
- Mashing:
  - Double mash system
  - No sparging
  - 1<sup>st</sup> mash:
    - 165-168°F (74-75.5°C) water.
    - 1.3 qts water/pound malt (2.7:1)
    - Hold 2 hours. Expected temp drop to 148-150°F
  - 2<sup>nd</sup> mash
    - 1.3 qts 180°F (82°C) water/pound malt
    - Hold 1 hr, Expected temp drop to 165°F

### AMSINCK'S INDIA PALE ALE 1851

- Hopping: 4.5 oz/gallon (~9 lbs/bbl)EKG split evenly among the 2 boils
- Boil:
  - 1<sup>st</sup> wort: boil 2 hours with 50% of hops. Transfer through a hop back and leave the hops in the hopback.
  - 2<sup>nd</sup> wort: Boil 2 hours with the rest of the hops. Run wort over 1<sup>st</sup> hops in hopback.

#### • Fermentation:

- Combine worts
- Pitch at 59-60°F and allow free rise to 72°F over 2-3 days
- Rack at about 7°P. Cask at 7 days.

### AMSINCK'S INDIA PALE ALE 1851

- Age extended time on dry hops
- Analytical targets:
  - OG 16.5°P (1.067 SG)
  - TG 4.9°P (1.019 SG)
  - ADF 70.3%
  - IBU ~70-80
  - ABV 6.1%

### AMSINCK'S No 25 EAST INDIA PALE ALE

- Brewing liquor: hard Burton Water, boil for 15 minutes and let cool to strike temperature
- Malt Bill: 100% New Burton White Malt
- Mashing:
  - Double mash system
  - No sparging
  - 1<sup>st</sup> mash:
    - 165°F (74°C) strike temperature
    - 1.3 qts water/pound malt (2.7:1)
    - Hold 2 hours. Expected temp drop to 150°F
  - 2<sup>nd</sup> mash
    - 1.3 qts 180°F (82°C) water/pound malt
    - Hold 1 hr, Expected temp drop to 165°F (74°C)

### AMSINCK'S No 25 EAST INDIA PALE ALE

- **Hopping:** East and Mid Kent Goldings split evenly among the 2 boils: 2.5 oz/gallon (5 lbs/bbl)
- Boil:
  - 1<sup>st</sup> wort: boil 2 hours with 50% of hops. Transfer through a hop back and leave the hops in the hopback.
  - 2<sup>nd</sup> wort: Boil 2 hours with the rest of the hops. Run wort over 1<sup>st</sup> hops in hopback.

#### • Fermentation:

- Combine worts
- Pitch at 58°F and allow free rise to 72°F over 4 days
- Rack at about 7°P. Cask at 7 days.

### AMSINCK'S No 25 EAST INDIA PALE ALE

- Dry-Hop: 0.77 oz/gallon (1.5 lbs/bbl) EKG
- Age extended time on dry hops
- Analytical targets:
  - OG 16.8°P (1.067 SG)
  - TG 3°P (1.012 SG)
  - IBU ~159 Calculated
  - ABV ~7%

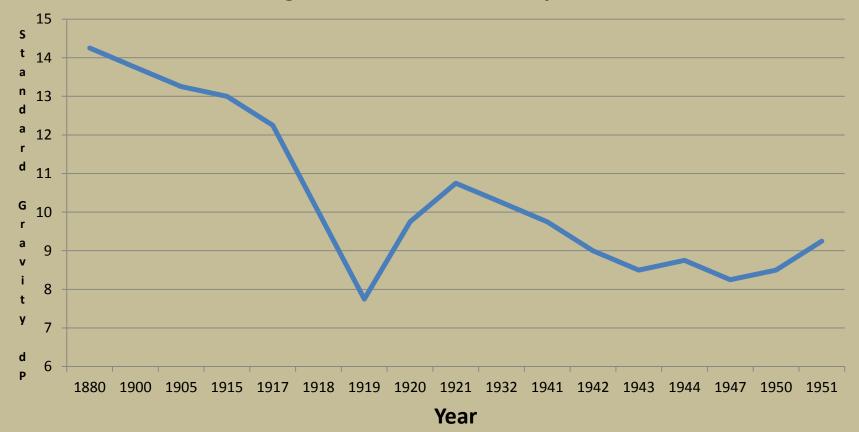
#### The Temperance Years-1900-1985

- Alcohol consumption frowned upon
- Tax changes in England
- Prohibition in the United States and Canada
- Energy and ingredient shortages in WWI and WWII
- Characteristics:
  - Lowering of original gravity and alcohol contents
  - Sugars used
  - 8-14°P (1.032-1.056 SG) OG
  - 30-50 IBU

#### 1900s IPA Ingredients

- Malt: 100% Pale Malt. Barley sourced from multiple locations around the world.
- Sugars or corn grits
- Hops: 100% East Kent Goldings still preferred, but Fuggles and California hops used
- Hopping rates-1-4 lbs/bbl
- Yeast: Burton or London Ale Yeast
- Water: Burtonized water

#### **English Beer Standard Gravity Values**



#### ANALYSIS OF ALLSOPP IPA

Year	1901	1921
OG dP	15.14	13.46
OG (SG)	1061.57	1054.4
FG Plato	2.23	1.14
FG SG	1008.62	1004.4
Attenuation	85.27%	91.91%
Real FG	4.7	3.37
ABV	6.8	6.56
ABW	5.44	5.25

Barclay Perkins 1928 IPA (recipe supplied by Ron Pattinson and Kristen England)

- Brewing liquor: London soft with salts added
- Malt Bill:
  - British Pale Ale Malt
    American 6-Row
    Flaked Maize
    13.2%
  - Invert #3 Sugar

17.0% 13.2% 11.8% Added to boil

#### • Mashing:

- Traditional infusion mash
- 1.68 qts water/pound grain (3.5:1)
- 90 minute rest at 152°F

Barclay Perkins 1928 IPA (recipe supplied by Ron Pattinson and Kristen England)

#### • Boil:

- 135 minute boil
- Hopping: Target 41 IBU in finished beer

– 120 minutes:	Cluster	16.3%
– 60 minutes	Fuggles	54.7%
– 30 minutes	Fuggles	29%

#### • Fermentation:

- Ferment at 63°F (17.2°C)
- Nottingham Ale Yeast, London ESB yeast, or English Ale yeast

Barclay Perkins 1928 IPA (recipe supplied by Ron Pattinson and Kristen England)

- Dry-Hop: EKG 0.042 oz/gallon (0.08 lbs/bbl)
- Analytical targets:
  - OG 11.5°P (1.046 SG)
     TG 2.5°P (1.010 SG)

  - ADF 78.27%
  - IBU 41.2
  - ABV 4.8%
  - Color 10°L (20 EBC)

#### The IPA Revolution

- Early craft brewers inspired by Ballantine's IPA
- Later craft brewers inspired by Anchor Liberty Ale, Sierra Nevada Celebration Ale, and Grants IPA
- American IPA now consistently the highest entered category at both GABF and WBC
- IPA Siblings:
  - Double/Imperial IPA
  - Black IPA
  - Belgian IPA
  - White IPA

#### The IPA Revolution! Ingredients

- Malt: Pale Ale malt with small % of crystal or Munich
- Hops: The 4 "C"s, Amarillo, Simcoe, Citra, and whatever is new, intense, fruity and dank!
- Yeast: WLP001 or WY1056, reasonably clean ale yeast
- Water: Varies, usually with added salts

#### The IPA Revolution! Brewing

- Single Infusion Mash
- Sparge
- 60-90 minute boil
- Multiple/variable hopping regimes
  - Target 50-75 IBU
  - 0.5-1.5 lbs/bbl
- Dry-hop at 0.25-1.5 lbs/bbl

Steelhead Bombay Bomber (recipe supplied by Teri Fahrendorf)

 Brewing liquor: Cascade mountain runoff (very soft) with added gypsum

• Malt Bill:

– American 2-Row Ale Malt 71%

- American Munich (10°L) 22%
- American Vienna (4°L) 7%

#### • Mashing:

- Traditional infusion mash
- 60 minute rest at 153°F (67.2°C)

# Steelhead Bombay Bomber (recipe supplied by Teri Fahrendorf)

- Boil:
  - 90 minute boil, with a 5 minute whirlpool and 25 minute rest

Crystal

- Hopping: Target 57 IBU in finished beer
  - SOB: Chinook
  - 20 minutes:
  - EOB: Chinook and Crystal
- Fermentation:
  - Ferment and age at 67°F (19.4°C) for 18 days
  - Dry-hop at day 3, when tank is bunged.
  - Dry-Hop with 100% Chinook hops
  - Chill to 32°F (0°C) at day 18 and hold 3 days prior to filter

Steelhead Bombay Bomber (recipe supplied by Teri Fahrendorf)

- Analytical targets:
  - OG 14.2°P (1.057 SG)
  - TG 3.2°P (1.013 SG)
  - ADF 77.5%
  - IBU 57
  - ABV 6%

·		2012 IPA ANALYSIS							
Region	ABV	Color (SRM)	Final Gravity (SG)	Final Gravity (°P)	OG (SG)	OG (°P)	ADF	IBU	
California	6.65	7.3	1.00919	2.4	59.87	15.0	83.92	60.5	
California	7.44	8.7	1.01432	3.7	70.7	17.7	78.68	61.8	
California	7.99	10.8	1.00741	1.9	67.8	17.0	88.5	68.1	
California	7.25	7.7	1.0086	2.2	63.63	15.9	85.81	75.3	
California	7.53	15.9	1.01172	3	58.77	14.7	82.07	78.1	
California	6.7	14.1	1.01123	2.9	62.33	15.6	81.1	45.6	
California	7.66	10.6	1.00803	2.1	66.04	16.5	87.21	65.9	
California	6.5	8.7	1.01188	3	61.51	15.4	79.76	48.6	
California	7.82	7.9	1.01028	2.6	69.45	17.4	84.41	65.5	
California	6.9	9	1.0116	2.9	64	16.0	81.88	75	
West Coast	6.25	8.6	1.01007	2.6	57.87	14.5	81.78	60.5	
Pacific Northwest	6.04	7.1	1.01057	2.7	56.84	14.2	80.54	45.65	
Pacific Northwest	6	10	1.0168	4.2	61	15.3	72.4	50	
Pacific Northwest Rocky	6.8	12	1.0176	4.4	67	16.8	73.8	80	
Mountain	6.71	7.9	1.00861	2.2	59.71	14.9	84.89	63.45	
Rocky Mountain	7.5	12.1	1.01236	3.2	69.2	17.3	81.21	60.4	
Rocky Mountain	6.81	7.1	1.00559	1.4	57.43	14.4	89.82	65.6	
Rocky Mountain	7	9.5	1.0128	3.2	66	16.5	80.5	60	
Midwest	7.5	8.5	1.0136	2.5	68	17.0	80	87	
Midwest	5.95	10	1.0184	4.6	62	15.5	70.3	55	
East Coast	7.3	10	1.0108	2.7	66	16.5	83.6	48	
Northeast	5.9	8.6	1.0116	2.9	62	15.5	81.29	42	
Northeast	6.74	8.4	1.01091	2.8	62.29	15.6	81.64	69.45	
Northeast	6.65	10.9	1.01343	3.4	64.15	16.0	78.03	57.3	
Northeast	6.84	17.3	1.01278	3.3	64.87	16.2	79.32	47.3	
Northeast	7.3	10	1.0083	2.1	63.66	15.9	86.32	70.7	
Northeast	5.73	10.3	1.00827	2.1	52.3	13.1	83.49	49.1	
Northeast	6.87	7.4	1.01126	2.9	63.82	16.0	81.05	53.9	
Northeast	7	14	1.014	3.5	64.8	16.2	78.4	70	
England	7.4	7	1.012	3	67	16.8	82	75	
England	5.3	10.7	1.012	3	53	13.3	77.4	50	
England	5.6	13.2	1.009	2.25	52.5	13.1	82.9	40	
England	5.59	13.9	1.01091	2.8	53.94	13.5	78.86	59.65	
England	5.31	10.7	1.00986	2.5	50.79	12.7	79.74	46.25	

#### Summary of IPA Brewing Parameters

				IPA RECIPES	<u> </u>			
		1	1	Recipe Guideline	es	1	1	1
		Historical Burton IPA	Scottish IPA	Early 1900's English IPA	Contemporary English IPA	American IPA	Double IPA	Black IPA
	Pale Malt %	100%	100%	85-95%	85-100%	85-97%	95-100%	88-95%
	Crystal Malts used	no	no	none	15-40L	10 to 60L	10 to 20 L	10 to 20 L
	Typical crystal %'s	na	na	na	0-10%	3-15%	0-5%	5-10%
Malts	Adjuncts	none	none	Maize, sugar	maize, sugar	none	Dextrose, Candi Sugar	none typically
	%'s	na	na	5-15%	0 to 15%	none	0-10%	na
	Roasted Malts	none	none	none	Munich	Munich	none	Dehusked Black Malt, Black Malt Extract
	Typical %'s	na	na	na	0-10%	0-10%	none	3-7%
	Mash conversion Temperature	148-150	150-154	152-154	150-155°F	148-153°F	148-150°F	148-153°F
	Mash Conversion Time	120 minutes	120-180 minutes	90 minutes	15-30 minutes	15-60 minutes	60-120 minutes	15-120 minutes
Mashing	OG °P (SG)	15.0-18.75 (1.060- 1.075)	14.0-17.5 (1.056- 1.070)	12.5-15 (1.050-1.060)	12.5-18.75 (1.050- 1.075)	12.5-18.75 (1.050- 1.075)	18.75-22.5 (1.075-1.090)	
	Fermentability	High!	High!	High!	70-80%	75-82%	80-86%	75-82%
	Target TG °P(SG)	0.75-5 (1.003-1.020)	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·	2.5-4.0 (1.010-1.016)		3.0-4.5 (1.012-1.018)
	abv target	5-7%	5-7%	4-6.5%	5-7%	6.3-7.5%	7.5-10.5%	6-7.5%
	Typical Hopping Rates							
	Pounds per barrel		1.25-3.0	1.0-2.0	.75-2.5	.75-2	3.5-8	1.5-4
	Ounces per gallon	2.6-3.2	0.65-1.6	0.5-1.1	.4-1.3	.4-1.1	1.8-4.2	0.8-2.1
Hopping	Recommended hop varieties		East Kent Goldings	East Kent Goldings, Fuggle	EKG, Fuggle, Target, Sovereign, Styrian Golding	The 4 C's, Citra, Simcoe, Amarillo, Sterling	The 4 C's, Citra, Simcoe, Amarillo, Sterling, Nelson Sauvin	The 4 C's, Citra, Simcoe Amarillo
	Dry Hop (lbs/bbl)	1	1	.255	1	.4-1	.75-3	1-2
	Multiple Dry-hops	occasionally in casks	not typical	not typical	not typical	not typical	Common	TBD
	IBU in finished beer	~70	~70	~50	40-60	50-80	70-100+	50-90
Comments		Long, low intensity wort boil, 2-3 hours.	Ferment cool!	most gravities dropped to 10-12 °P after WWI, below 10 after WWII	Based on GABF guidelines. Real examples are all over the map.	More recent versions moving to less crystal malt		
		Age 12 months or more						

### For more information

- Check out:
  - Shut Up About Barclay Perkins blog by Ron Pattinson
  - Zythophile blog by Martyn Cornell
  - Hops and Glory (2008), by Pete Brown
- Look for my book: <u>IPA: Brewing Techniques</u>, <u>Recipes and the Evolution of India Pale Ale</u>, due later this fall from Brewers Publications.